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Gooney Bird  
Bar and Grill



Fleet Feet Sports  
241 Main Street  
Chico, CA 95928  
530-345-1000



Sunday, August 8th  
at 7:30am  
Bidwell Park, Chico



Fleet Feet Sports  
241 Main Street, Downtown Chico  
530-345-1000

For more information, go to [www.fleetfeetchico.com/summer-sizzler-10K](http://www.fleetfeetchico.com/summer-sizzler-10K), stop by Fleet Feet Sports, call 345-1000, or email [events@fleetfeetchico.com](mailto:events@fleetfeetchico.com).



**EVENT DETAILS**

**Where:** Starts and ends at One Mile Recreation Area in Bidwell Park.

**When:** Sunday, August 8th. The event will start promptly at 7:30 AM.

**ELIGIBILITY**

Runners and walkers of all abilities are welcome.

**COURSE**

The course is a certified 10K loop of Lower Bidwell Park, starting and ending at One Mile Recreation Area. The course is flat and fast - perfect for a PR! There will be one aid station located just before 3.5 miles. Refreshments will be available at the finish, including delicious rice products from Lundberg Family Farms and tea from the Tea Bar & Fusion Cafe.



**AWARDS & SHIRTS**

- CASH prizes for the first 5 male and female finishers!
- Age group awards three deep in each division
- Short sleeve event shirts are guaranteed for early registration only

**REGISTRATION**

- Early registration until July 25: \$25
- Late registration, July 26-Aug 7: \$30
- Race day registration: \$35
- Race day registration is available between 6:30 and 7:15 AM at One Mile, Bidwell Park
- All registrations are final – no refunds!

**PACKET PICKUP**

- Pick up at Fleet Feet Sports, Saturday, August 7, 10:00 AM to 5:00 PM
- Race day between 6:30 and 7:15 AM at One Mile, Bidwell Park

You can register with cash, credit card, or check at Fleet Feet Sports. Or you can mail your entry form & check (made out to Fleet Feet) to:

Fleet Feet Sports  
241 Main St.  
Chico, CA 95928

[www.fleetfeetchico.com/summer-sizzler-10K](http://www.fleetfeetchico.com/summer-sizzler-10K)

**FLEET FEET Sports**

**2010 Summer Sizzler 10K**

Sunday, August 8th  
at 7:30am

**ENTRY FORM**

First & Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Age on August 8, 2010 \_\_\_\_\_

Gender: Male Female

Shirt Size - Circle one:

MENS			
S	M	L	XL

WOMENS			
S	M	L	XL

Waiver: In consideration of your accepting this entry, I, intending to be legally bound hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims that I may have against the persons and organizations affiliated with this race: Fleet Feet Chico, LLC, Fleet Feet Flyers, the City of Chico, County of Butte, and State of California and all other contributing sponsors and organizations; and assign for any and all injuries suffered by me while traveling to or from or while competing in the Fleet Feet Summer Sizzler, being held on Sunday, August 8, 2010. I further attest that I am physically fit and have trained for this event.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_